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Keto Jalapeño Popper Chicken

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-chicken-poppers-recipe

Ingredients:

- 4 chicken breast
- 2 jalapeño
- 4 ounces cream cheese
- 4 ounces cheddar cheese
- 8 strips bacon

Nutrition:

Calories: 730 calories
Carbohydrate: 2 grams

3. Cholesterol: 245 milligrams

4. Fat: 51 grams5. Protein: 63 grams

6. SaturatedFat: 22 grams7. Sodium: 1000 milligrams

8. Sugar: 1 grams

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