

# Chicken Manicotti Alfredo

Yield: 8 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/sugar-free-italian-sweet-cream-recipe>

## Ingredients:

- 3 skinless boneless chicken breast halves
- 1/2 cup distilled white vinegar
- 1 cup olive oil
- 1 clove crushed garlic
- 12 ounces manicotti pasta
- 6 tablespoons butter
- 2 cups heavy whipping cream
- 1/4 teaspoon ground nutmeg
- 1 teaspoon ground black pepper
- 1 1/2 cups grated Parmesan cheese
- 1 teaspoon salt
- 1 pint part-skim ricotta cheese
- 1 egg
- 1 tablespoon fresh oregano chopped
- 1 tablespoon fresh marjoram chopped
- 1 tablespoon fresh basil chopped
- 1 cup shredded mozzarella cheese

## Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 175 milligrams
4. Fat: 72 grams
5. Protein: 19 grams
6. SaturatedFat: 31 grams
7. Sodium: 840 milligrams

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