

Chicken Enchilada Salad Wraps

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-lettuce-wraps-cheesecake-factory-recipe>

Ingredients:

- 3 ounces light cream cheese softened
- 1/4 cup light sour cream
- 1/2 teaspoon chili powder
- 1/2 teaspoon cumin
- 1 clove garlic minced
- 12 1/2 ounces chicken Swanson Premium Chunk, drained and broken up
- 1/2 cup shredded cheddar cheese
- 10 ounces diced tomatoes with green chilies, drained, like Ro*Tel
- 2 green onions diced
- 2 tablespoons chopped fresh cilantro
- lettuce
- 6 tortillas burrito sized, warm just enough to soften them

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 90 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 33 grams
7. SaturatedFat: 9 grams
8. Sodium: 950 milligrams
9. Sugar: 6 grams

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