

Mexican Chicken in Crockpot

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-recipe-jar-jalapenos>

Ingredients:

- 2 chicken breasts preferably skinless/boneless
- 1 jar salsa
- 1 can black beans drained
- 1 can corn drained

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 75 milligrams
4. Fat: 4 grams
5. Fiber: 11 grams
6. Protein: 33 grams
7. SaturatedFat: 1 grams
8. Sodium: 810 milligrams
9. Sugar: 4 grams

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