

# Instant Pot Mexican Shredded Chicken

Yield: 9 min  
Total Time: 26 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-hot-pot-recipe>

## Ingredients:

- 6 boneless skinless chicken breasts
- 1 medium yellow onion sliced
- 2 tablespoons minced fresh garlic
- 1 1/2 teaspoons ground cumin
- 1 1/2 teaspoons chili powder
- 3/4 teaspoon ancho chile pepper powder
- 1/2 teaspoon Mexican oregano regular oregano will work if you can't find the Mexican variety
- 15 ounces fire roasted diced tomatoes drained
- 4 ounces diced green chiles mild
- 1 cup salsa verde
- 1 cup chicken broth reduced sodium
- 1 teaspoon liquid smoke optional
- jalapenos sliced
- fresh cilantro minced

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 85 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 30 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 480 milligrams
9. Sugar: 3 grams

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