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## **Mexican Meatloaf II**

Yield: 8 min Total Time: 60 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/mexican-style-hot-pickled-carrots-recipe-genius-kitchen">https://www.recipeschoose.com/recipes/mexican-style-hot-pickled-carrots-recipe-genius-kitchen</a>

## **Ingredients:**

- 2 eggs lightly beaten
- 14 1/2 ounces diced tomatoes with green chile peppers such as ro tel
- 1/4 cup diced onion
- 1 teaspoon worcestershire sauce
- 1 teaspoon salt
- 1/4 teaspoon black pepper ground
- 2 pounds lean ground beef
- 1 cup hots crushed, spicy cheese flavored crackers
- 1 cup shredded cheddar cheese
- 1 cup chunky salsa

## **Nutrition:**

Calories: 250 calories
Carbohydrate: 5 grams
Cholesterol: 140 milligrams

4. Fat: 12 grams5. Fiber: 1 grams6. Protein: 30 grams7. SaturatedFat: 6 grams8. Sodium: 680 milligrams

9. Sugar: 3 grams

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