

# Instant Pot Mexican Chicken Fajita Soup

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-fajita-soup-recipe>

## Ingredients:

- 2 tablespoons unsalted butter or ghee, 28 g/ 1 oz
- 1/2 small yellow onion diced, 35 g/ 1.2 oz
- 1 red bell pepper medium, diced, 120 g/ 4.2 oz
- 2 cloves garlic minced, 6 g/ 0.2 oz
- 1 can rotel tomatoes & chilies or canned tomatoes, 285 g/ 10 oz
- 1 tablespoon taco seasoning
- 2 chicken breasts skinless, 450 g/ 1 lb
- 1 cup chicken broth 240 ml/ 8 fl oz
- 2/3 cup cream cheese 170 g/ 6 oz
- 1/2 cup heavy whipping cream 120 ml/ 4 fl oz
- 4 tablespoons sour cream 48 g/ 1.7 oz
- 1 jalapeño thinly sliced, 14 g/ 0.5 oz
- fresh cilantro
- lime wedges

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 180 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 30 grams
7. SaturatedFat: 21 grams
8. Sodium: 360 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Instant Pot Mexican Chicken Fajita Soup above. You can see more 19 mexican chicken fajita soup recipe Elevate your taste buds! to get more great cooking ideas.