

Chicken Spinach Enchiladas Verde

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/white-kidney-beans-recipe-indian-style>

Ingredients:

- 2 chicken breasts
- 1 yellow onion small, diced
- 1 lime
- 1 can diced tomatoes partially drained
- 1 can white kidney beans drained
- 1 package taco seasoning
- 1 teaspoon garlic salt
- 1/2 cup light sour cream
- 6 ounces baby spinach
- 1 can enchilada sauce verde
- 8 corn tortillas
- 1/2 cup shredded pepper jack cheese

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 101 grams
3. Cholesterol: 60 milligrams
4. Fat: 12 grams
5. Fiber: 23 grams
6. Protein: 47 grams
7. SaturatedFat: 5 grams
8. Sodium: 810 milligrams
9. Sugar: 7 grams

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