

White Enchiladas

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-enchiladas-recipe-with-flour-tortillas>

Ingredients:

- 10 flour tortillas
- 2 cups shredded Jack cheese
- 2 cups cooked chicken
- 1/2 onion diced
- 3 tablespoons butter
- 3 tablespoons flour
- 1 can chicken broth
- 1 cup sour cream
- 1 can green chilis diced, 7 oz

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 165 milligrams
4. Fat: 57 grams
5. Fiber: 5 grams
6. Protein: 45 grams
7. SaturatedFat: 28 grams
8. Sodium: 1220 milligrams
9. Sugar: 7 grams

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