

Egg Drop Chicken and Asparagus Soup – Soup Mang Ga

Yield: 4 min
Total Time: 95 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-chicken-egg-rice-bowl-recipe>

Ingredients:

- 6 dried shiitake mushrooms soaked and thinly sliced
- 1 can asparagus 425 gms, washed and cut into 3 cm pieces
- 10 boiled quail eggs hard, or 1x 425gm can of quail eggs,, Optional but highly recommended, Available at Asian groceries
- 1/3 chicken breast shredded
- 1 chicken egg large, beaten
- 3 tablespoons cornstarch
- 2 tablespoons cold water
- 2 chicken frames, cleaned
- 8 7/16 cups water
- 2 brown onions quartered
- 1 knob ginger sliced / 30 gm
- 1 swede medium / large, rutabaga, peeled and chopped into small pieces
- 3 tablespoons fish sauce
- 1 teaspoon sugar
- 1 teaspoon salt