

Caldo de Pollo (Mexican Chicken Soup)

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-style-chicken-soup>

Ingredients:

- 8 pieces chicken thighs and drumsticks rinsed and seasoned with salt and pepper
- 8 cups chicken broth
- 6 garlic cloves minced
- 1 small onion chopped
- 3 carrots sliced
- 1 cup green cabbage shredded
- 6 corn on the cob small, pieces
- 3 potatoes cut into 1 inch pieces
- 1 jalapeños sliced
- 1 handful fresh cilantro chopped
- 1 lime cut into wedges
- salt
- pepper
- white rice optional
- corn tortillas optional
- crusty bread optional

Nutrition:

1. Calories: 1400 calories
2. Carbohydrate: 84 grams
3. Cholesterol: 390 milligrams
4. Fat: 76 grams
5. Fiber: 11 grams
6. Protein: 99 grams
7. SaturatedFat: 19 grams
8. Sodium: 770 milligrams
9. Sugar: 8 grams

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