

Mexican Chicken Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-breast-salad-recipe>

Ingredients:

- 2 cups chicken leftover, shredded
- 1/3 cup mayo plus more as desired
- 2 tablespoons white onion chopped
- 1 Roma tomato seeded and diced
- 1 bunch cilantro chopped
- 1/2 jalapeno seeded and diced
- 1 tablespoon lemon juice
- 1/4 teaspoon cumin
- 1/2 teaspoon cayenne
- 1 pinch salt
- ground black pepper fresh

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 80 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 2 grams
8. Sodium: 300 milligrams
9. Sugar: 2 grams

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