

Mexican Chicken Tater Tot Casserole

Yield: 6 min
Total Time: 42 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-tater-tots-casserole-recipe>

Ingredients:

- 3 cups diced chicken cooked
- 14 ounces canned diced tomatoes with chilies, drained
- 10 1/2 ounces cream of chicken soup canned
- 1/2 cup diced onions
- 1 tablespoon minced garlic
- 3 cups mexican blend cheese divided
- salt
- pepper
- 32 ounces tater tots frozen
- 2 green onions diced
- 1/2 cup diced tomatoes
- 1 avocado peeled and diced
- 16 ounces potatoes frozen tater tot
- 1/2 cup sour cream

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 155 milligrams
4. Fat: 47 grams
5. Fiber: 9 grams
6. Protein: 45 grams
7. SaturatedFat: 21 grams
8. Sodium: 2090 milligrams
9. Sugar: 7 grams

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