

Mexican Chicken Alfredo Casserole

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-alfredo-casserole-recipe>

Ingredients:

- 16 ounces penne pasta
- 4 cups chicken cooked chopped
- 2 tablespoons onion flakes minced
- 30 ounces Alfredo sauce
- 1 1/2 cups salsa
- 1 cup ricotta cheese
- 1 ounce taco seasoning
- 3/4 cup Parmesan cheese shredded
- 3/4 cup cheddar cheese shredded
- salt
- pepper

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 90 grams
3. Cholesterol: 165 milligrams
4. Fat: 53 grams
5. Fiber: 6 grams
6. Protein: 56 grams
7. SaturatedFat: 21 grams
8. Sodium: 3750 milligrams
9. Sugar: 10 grams

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