

Spicy Pork Sisig A La Plancha

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-chicken-a-la-plancha-recipe>

Ingredients:

- 2 pounds boneless pork shoulder or belly
- 1/4 cup soy sauce
- 1 red onion diced
- 4 cloves garlic minced 1 jalapeno, sliced into rings
- 1 lemon sliced into wedges
- 2 tablespoons vegetable oil
- salt
- freshly ground pepper
- 1/4 pound chicken livers rinsed, optional

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 235 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 59 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1240 milligrams
9. Sugar: 1 grams

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