

Mexican Rice Pudding (Arroz con leche)

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/you-tube-recipe-for-mexican-rice-pudding>

Ingredients:

- 1 cinnamon stick
- 1 cup white rice short grain or medium grain
- 2 1/2 cups whole milk
- 1 cup condensed milk
- 1/4 cup raisins
- 1/2 teaspoon ground cinnamon
- 3 cups water

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 20 milligrams
4. Fat: 6 grams
5. Protein: 7 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 85 milligrams
8. Sugar: 27 grams

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