

Mexican Cheeseburger Melt

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-cheeseburger-recipe>

Ingredients:

- 1 whole medium yellow onion
- 2 whole jalapeno peppers
- 4 tablespoons butter Divided
- 1 pound ground beef
- 2 tablespoons Worcestershire sauce
- 1 tablespoon liquid smoke
- 1 1/2 ounces taco seasoning weight Package Of
- 2 slices jack cheese Monterrey
- 1 whole hamburger bun
- banana peppers

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 120 milligrams
4. Fat: 33 grams
5. Fiber: 3 grams
6. Protein: 27 grams
7. SaturatedFat: 17 grams
8. Sodium: 1230 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

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