

Creamy Parmesan Sauce

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-cheese-sauce-roux-recipe>

Ingredients:

- 1 cup heavy cream
- 1 clove garlic chopped or minced
- 1/2 cup cheese shaved Parmesan
- 1 teaspoon parsley minced
- salt
- roux
- 1/2 tablespoon butter
- 1/2 tablespoon flour

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 115 milligrams
4. Fat: 33 grams
5. Protein: 5 grams
6. SaturatedFat: 20 grams
7. Sodium: 320 milligrams

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