

Slow Cooker Taco Chicken

Yield: 9 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-caviar-recipe-with-italian-dressing>

Ingredients:

- 2 1/4 pounds boneless skinless chicken breasts
- 1/2 cup italian salad dressing I use Kraft
- 1 packet ranch dressing
- 1/2 cup water
- 1 1/2 teaspoons chili powder
- 1 1/2 teaspoons cumin
- 1 teaspoon coriander
- 8 cloves garlic smashed, don't worry about actually chopping it...unless you want to...
- 1 tablespoon onion dehydrated
- 1 lime
- salt to taste
- Tabasco Sauce Chipotle, to taste, optional

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 75 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 440 milligrams
9. Sugar: 1 grams

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