

Mexican Cauliflower Rice Bowl

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-cauliflower-rice-bowl-recipe>

Ingredients:

- 1 bag cauliflower rice or 1 head minced
- 2 tablespoons olive oil
- 1 pound ground turkey breast
- 2 tablespoons chili powder
- 1 teaspoon Tajin
- 1 can black beans drained and rinsed
- 2 avocados diced
- 1 lime sliced
- 1 jar salsa fresh, I love Wrights!
- jalapenos
- shredded carrots

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 90 milligrams
4. Fat: 31 grams
5. Fiber: 20 grams
6. Protein: 32 grams
7. SaturatedFat: 5 grams
8. Sodium: 850 milligrams
9. Sugar: 7 grams

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