

Easy Homemade Salsa - Fresh Tomato Salsa

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-canned-tomato-salsa-recipe>

Ingredients:

- 15 ounces diced tomatoes can of, or 3 ripe medium tomatoes
- 1/3 cup chopped onion coarsely
- 1/2 jalapeno
- 1 garlic clove
- 1/4 teaspoon garlic powder
- 1/2 cup cilantro
- 1/2 teaspoon salt less or more depending on salt content of the diced tomato
- 1/4 teaspoon ground cumin
- 1 dash black pepper
- 1 lime
- 1 dash cayenne optional
- 1/4 teaspoon sugar optional

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 9 grams
3. Fiber: 2 grams
4. Protein: 2 grams
5. Sodium: 300 milligrams
6. Sugar: 5 grams

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