

Refried Bean Dip

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-canned-refried-bean-recipe>

Ingredients:

- 8 ounces cream cheese softened
- 1 cup sour cream
- 32 ounces refried beans
- 1 packet taco seasoning
- 2 cups shredded cheddar cheese
- 2 cups shredded Monterey Jack cheese

Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 200 milligrams
4. Fat: 69 grams
5. Fiber: 11 grams
6. Protein: 44 grams
7. SaturatedFat: 40 grams
8. Sodium: 1900 milligrams
9. Sugar: 5 grams

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