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Raspberries and steak

Yield: 2 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-cake-with-pink-icing-recipe

Ingredients:

- 1 pink Himalayan salt, divided
- 1 pound sirloin grassfed fillet, cut vertically into 4 strips
- 1 grapeseed oil
- 1 red onion sliced into rings
- 1/2 cup vinegar aged balsamic artisan, i used ariston's 'very best' from modena
- 4 ounces raspberries
- 1/2 teaspoon green peppercorns crushed pink, white and, or more, divided
- basil leaves Thai, for garnish, optional
- ginger optional enhancements-roasted garlic and fresh grated

Nutrition:

Calories: 630 calories
Carbohydrate: 10 grams
Cholesterol: 135 milligrams

4. Fat: 49 grams5. Fiber: 4 grams6. Protein: 32 grams

7. SaturatedFat: 19 grams8. Sodium: 110 milligrams

9. Sugar: 4 grams

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