

Chocolate Flan

Yield: 9 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/cajeta-crepes-patis-mexican-table-recipe>

Ingredients:

- 3/4 cup sugar
- 3/4 cup all purpose flour
- 1/3 cup unsweetened cocoa powder preferably Dutch processed
- 1/2 teaspoon baking soda
- 1 pinch salt
- 1/2 cup buttermilk
- 3 tablespoons vegetable oil
- 1 egg room temperature
- 1/2 teaspoon vanilla extract
- 12 ounces evaporated milk
- 14 ounces condensed milk
- 4 eggs
- 1/2 teaspoon pure vanilla extract
- 1/2 teaspoon salt
- 3/4 cup pecans or walnuts, toasted and chopped for garnish, optional
- 1 cup cajeta homemade or store bought

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 145 milligrams
4. Fat: 24 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 6 grams
8. Sodium: 380 milligrams
9. Sugar: 42 grams

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