

Holishkes (Stuffed Cabbage Rolls)

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cabbage-rolls-golabki-recipe>

Ingredients:

- kosher salt to taste
- 1 head cabbage cored
- 2 tablespoons canola oil
- 2 yellow onions medium, thinly sliced, plus ½ cup finely grated
- 2 celery ribs, finely chopped
- ground black pepper to taste
- 1/4 cup tomato paste
- 1/3 cup raisins
- 1/4 cup honey
- 1/4 cup fresh lemon juice
- 32 ounces tomatoes with juice whole peeled, pureed
- 1 pound ground chuck
- 1/4 cup long-grain white rice uncooked, soaked in hot water for 10 minutes, drained
- 3 tablespoons beef stock
- 1 teaspoon paprika
- 1/4 teaspoon cayenne
- 1 egg lightly beaten

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 85 milligrams
4. Fat: 17 grams
5. Fiber: 7 grams
6. Protein: 20 grams
7. SaturatedFat: 5 grams
8. Sodium: 560 milligrams

9. Sugar: 22 grams
 10. TransFat: 1 grams
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