

Mexican Buffet Menu Ideas

Yield: 12 min
Total Time: 390 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-buffet-recipe>

Ingredients:

- 24 flour tortilla
- 6 pounds beef roast
- 1 1/2 cups chicken broth
- 1/2 cup lime juice
- 3 tablespoons cumin ground
- 2 tablespoons oregano
- 2 tablespoons vegetable oil
- 2 teaspoons salt
- 1 1/2 teaspoons sweet paprika
- 7 garlic cloves pressed or shredded
- 5 chipotles in adobo cut into small pieces
- 2 onions sliced
- 2 bay leaves
- 3 1/4 cups water
- 1 1/4 cups long grain rice
- 1 teaspoon butter
- 1/2 teaspoon salt
- 1/2 tablespoon lemon juice
- 3 limes
- 1/2 cup cilantro chopped
- 2 cups corn frozen and cooked
- 1/4 cup red onion chopped
- 1/4 cup cilantro chopped
- 1/4 teaspoon salt
- 7 tomatoes medium-sized, diced
- 1 red onion small, chopped
- 1/2 cup cilantro chopped
- 1 teaspoon salt
- 1/8 teaspoon black pepper
- 3 avocados
- 2 tomatoes medium-sized, diced
- 1/4 cup cilantro chopped
- 1/4 cup green onion chopped
- 1/2 teaspoon salt

- 1/8 teaspoon black pepper
- 56 ounces kidney beans cans, heat up
- 2 cups cheese shredded
- 1 cup Sour Cream
- 5 cups lettuce chopped
- 5 cups tortilla chips
- 8 cups vanilla ice cream

Nutrition:

1. Calories: 1230 calories
2. Carbohydrate: 123 grams
3. Cholesterol: 190 milligrams
4. Fat: 49 grams
5. Fiber: 12 grams
6. Protein: 80 grams
7. SaturatedFat: 19 grams
8. Sodium: 3870 milligrams
9. Sugar: 28 grams

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