

# Overnight Mexican Breakfast Casserole

Yield: 9 min  
Total Time: 720 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-breakfast-casserole-recipe-overnight>

## Ingredients:

- 6 poblano chile peppers they may be called pasillas at your grocery store
- 1 1/2 pounds mexican chorizo removed from casings, if you can't find that, you can use hot Italian sausage
- 1 cup chopped onion
- 1/2 cup red bell peppers chopped
- 4 garlic cloves finely minced or pressed
- 4 teaspoons chile powder
- 10 large eggs
- 3 cups half and half
- 1/2 teaspoon Tabasco
- 1/2 teaspoon black pepper
- 1 1/2 cups pepper jack cheese grated
- 1 1/2 cups grated cheddar cheese
- 1/2 cup onion tops chopped green
- 1/4 cup chopped cilantro
- 8 corn tortillas cut into quarters
- sour cream
- cilantro leaves Some whole or chopped
- picante sauce Tapatio or other
- pico de gallo or salsa

## Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 370 milligrams
4. Fat: 57 grams
5. Fiber: 2 grams

6. Protein: 39 grams
  7. SaturatedFat: 26 grams
  8. Sodium: 1310 milligrams
  9. Sugar: 3 grams
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