

Mexican Bowtie Pasta Bake

Yield: 9 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-bowtie-pasta-bake-recipe>

Ingredients:

- 1 tablespoon olive oil
- 2 cups diced onion
- 1/2 cup pickled jalapenos finely diced
- 1 tablespoon minced garlic
- 15 ounces diced tomatoes drained
- 2 tablespoons chili powder
- 1 tablespoon ground cumin
- 1 teaspoon ground oregano
- 2 teaspoons kosher salt
- 1 teaspoon coarsely ground black pepper
- 1 pound ground beef 90/10
- 3 cups evaporated milk
- 22 ounces mexicorn drained
- 3/4 pound bowtie pasta
- 2 cups shredded Monterey Jack cheese
- 2 cups shredded extra sharp cheddar cheese
- cilantro optional
- sour cream optional
- avocado optional
- hot sauce optional

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 110 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 36 grams
7. SaturatedFat: 18 grams

8. Sodium: 1360 milligrams
 9. Sugar: 5 grams
 10. TransFat: 0.5 grams
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