

Black Beans

Yield: 9 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-dried-black-beans-recipe>

Ingredients:

- 3 tablespoons olive oil
- 3 cloves garlic chopped
- 1 white onion medium, roughly chopped
- 1 pound dried black beans soaked overnight and drained
- 1 jalapeño pepper sliced in half
- 1 bay leaf
- kosher salt
- ground black pepper
- white onion Minced, for garnish, optional
- queso fresco crumbled, for garnish, optional