

Mexican Christmas Eve Salad (Ensalada de Noche Buena)

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-salad-recipe-with-beets-and-jic>

Ingredients:

- 3 tablespoons olive oil
- 1 tablespoon red wine vinegar
- 1 tablespoon orange juice
- salt
- pepper
- 2 cups romaine lettuce cut in strips
- 2 beets small, cooked, cooled, and sliced
- 1 cup fresh pineapple cubed
- 1 cup jicama cubed
- 1/4 cup pomegranate seeds
- 1/4 cup roasted salted peanuts

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 37 grams
3. Fat: 30 grams
4. Fiber: 11 grams
5. Protein: 10 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 520 milligrams
8. Sugar: 20 grams

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