

# Mexican Beef Tenderloin

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-beef-tenderloin-slow-cooker-recipe>

## Ingredients:

- beef tenderloin
- avocado oil
- veggies
- Roma tomatoes
- red bell peppers
- yellow bell pepper
- red onion
- minced garlic fresh or from the jar will work
- fresh cilantro leaves
- fresh lime juice