

Mexican Beef Pizza With Corn and Green Chiles

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-beef-pizza-recipe>

Ingredients:

- 1/2 pound pizza dough homemade or store-bought, see note
- cornmeal for dusting
- 1/4 cup red enchilada sauce preferably homemade
- 1 1/4 cups Monterey Jack cheese freshly grated, see note
- 1/3 cup beef Mexican shredded
- 2 tablespoons corn kernels fresh, cut off cob
- 1 tablespoon green chiles canned
- 1 egg yolk see note
- 1/2 tablespoon water
- fresh cilantro chopped, for garnish, optional

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 95 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 9 grams
8. Sodium: 580 milligrams
9. Sugar: 3 grams
10. TransFat: 1.5 grams

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