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Ground Beef Taco Dip

Yield: 4 min Total Time: 20 min

Recipe from: <u>https://www.recipeschoose.com/recipes/mexican-dip-with-beef-recipe</u>

Ingredients:

- 1 pound ground beef
- 2 tablespoons taco seasoning Divided, or 1 packet
- 1/2 cup water
- 1/2 cup salsa
- 16 ounces sour cream
- 8 ounces cream cheese softened
- 2 cups shredded iceberg lettuce
- 1 cup shredded cheddar cheese
- 2 medium tomatoes diced
- 1/4 cup olives Slice

Nutrition:

- 1. Calories: 810 calories
- 2. Carbohydrate: 13 grams
- 3. Cholesterol: 230 milligrams
- 4. Fat: 69 grams
- 5. Fiber: 2 grams
- 6. Protein: 36 grams
- 7. SaturatedFat: 37 grams
- 8. Sodium: 900 milligrams
- 9. Sugar: 10 grams
- 10. TransFat: 1 grams

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