

Beef Enchiladas

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-red-chile-beef-enchiladas-recipe>

Ingredients:

- 1 medium onion finely chopped
- 2 jalapenos seeded and finely chopped
- 3 cloves garlic minced
- 3 tablespoons chili powder
- 2 teaspoons ground cumin
- 3 teaspoons sugar
- 15 ounces tomato sauce
- 1 cup water
- 1 large tomato
- 1 pound lean ground beef
- 1 cup extra sharp white cheddar cheese shredded
- 1 cup Monterey Jack cheese shredded
- 12 soft corn tortillas : 6- inch
- cooking spray
- salt
- pepper

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 100 milligrams
4. Fat: 19 grams
5. Fiber: 7 grams
6. Protein: 35 grams
7. SaturatedFat: 9 grams
8. Sodium: 920 milligrams
9. Sugar: 16 grams

Thank you for visiting our website. Hope you enjoy Beef Enchiladas above. You can see more 18 new mexico red chile beef enchiladas recipe Ignite your passion for cooking! to get more great cooking ideas.