

Teedo's Famous Salsa

Yield: 11 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-avocado-cream-sauce-recipe>

Ingredients:

- 14 1/2 ounces fire roasted tomatoes if you can't find those, regular petite diced tomatoes will be fine
- 10 ounces diced tomatoes with green chilies
- 2 avocados peels, seeded, and mashed
- 1 1/2 cups chopped fresh cilantro I'm not a cilantro fan so I omitted this
- 1 clove garlic minced
- 1/2 lime juiced
- 1/4 teaspoon kosher salt
- 1/4 teaspoon ground black pepper

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 8 grams
3. Fat: 6 grams
4. Fiber: 4 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 110 milligrams
8. Sugar: 1 grams

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