

Quesados – a Mexican Appetizer

Yield: 4 min
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-a-mexican-appetizer>

Ingredients:

- 6 flour tortillas 8-inch
- 1 medium avocado ripe, peeled and cut into chunks
- 1/2 small onion chopped
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/4 cup sour cream
- 1/2 cup shredded Mexican style cheese I prefer Cheddar Pepper Jack
- 1 cup colby jack shredded
- 6 flour tortillas 8-inch
- 1 medium avocado peeled and cut into chunks
- 1/2 cup chopped onion
- 1 tablespoon lemon juice
- 1/2 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/4 cup sour cream
- 1/2 cup shredded Mexican style cheese
- 1 cup shredded Colby Jack cheese

Nutrition:

1. Calories: 1040 calories
2. Carbohydrate: 87 grams
3. Cholesterol: 110 milligrams
4. Fat: 63 grams
5. Fiber: 12 grams
6. Protein: 37 grams
7. SaturatedFat: 28 grams

8. Sodium: 2270 milligrams
 9. Sugar: 8 grams
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