

Ancho Chili Sauce

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-ancho-chili-sauce-recipe>

Ingredients:

- 5 ancho chili peppers
- 1 tablespoon vegetable oil
- 1/2 cup white onion chopped
- 1/2 cup red onion chopped
- 4 garlic cloves chopped
- 1 Roma tomato chopped
- 2 tablespoons red wine vinegar
- 1 teaspoon ground cumin
- 1 tablespoon Mexican oregano
- salt
- pepper
- 2 tablespoons honey optional
- water Soaking, or stock for thinning

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 45 grams
3. Fat: 8 grams
4. Fiber: 15 grams
5. Protein: 8 grams
6. SaturatedFat: 1 grams
7. Sodium: 230 milligrams
8. Sugar: 11 grams

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