

Alfredo Sauce

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/alfredo-sauce-indian-recipe>

Ingredients:

- 2 cups water
- 2 teaspoons Better Than Bouillon Vegetable Base
- 3/4 cup raw cashews
- 1/4 cup nutritional yeast
- 3 cloves garlic
- 1 tablespoon vegan butter optional
- 1/2 cup almond milk
- 1 tablespoon fresh lemon juice
- salt
- pepper

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 17 grams
3. Fat: 14 grams
4. Fiber: 5 grams
5. Protein: 11 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 230 milligrams
8. Sugar: 3 grams

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