

Fall-Off-the-Bone Baby Back Ribs

Yield: 5 min

Total Time: 165 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-baby-back-rib-recipe>

Ingredients:

- 2 baby back ribs slabs, about 3 1/2 pounds total
- 1 onion large, sliced
- 12 ounces beer
- sea salt
- freshly ground black pepper
- 2 cups chipotle Maple Barbecue Sauce, or your favorite bottled sauce, although made-from-scratch will always taste better

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 40 milligrams
4. Fat: 7 grams
5. Fiber: 5 grams
6. Protein: 12 grams
7. SaturatedFat: 1 grams
8. Sodium: 200 milligrams
9. Sugar: 7 grams

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