

Mexican Air Fryer Cauliflower

Yield: 4 min
Total Time: 34 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-air-fryer-recipe>

Ingredients:

- 1 teaspoon salt
- 1 teaspoon ground turmeric
- 5 cups hot water Boiling
- 300 grams cauliflower florets
- 2 teaspoons ground paprika
- 1 teaspoon taco seasoning
- 1 teaspoon cumin powder
- 1 teaspoon salt or to taste
- 2 teaspoons lime juice
- 1 tablespoon olive oil

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 5 grams
3. Fat: 3.5 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 1240 milligrams
8. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Mexican Air Fryer Cauliflower above. You can see more 19 mexican air fryer recipe Experience culinary bliss now! to get more great cooking ideas.