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Vegan Sausage Biscuits with Maple Chipotle Aioli

Yield: 8 min Total Time: 75 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-aioli-recipe

Ingredients:

- 2 teaspoons psyllium husk powder
- 1/3 cup water
- 1 1/2 cups brown lentils cooked, divided
- 1 1/2 cups cooked quinoa divided
- 1/4 cup hemp seeds
- 1/4 cup coconut oil
- 2 tablespoons ground sage
- 2 medjool dates sticky
- 1 tablespoon maple syrup
- 1 tablespoon dried thyme
- 2 teaspoons fennel seed
- 1 teaspoon salt
- 1/4 teaspoon red pepper flakes
- chipotle aioli Maple
- 1 cup cashews soaked
- 1 chipotle pepper in adobo sauce
- 1 tablespoon maple syrup
- 1/3 cup water
- 1/2 teaspoon salt
- 1/2 teaspoon lemon juice
- 8 English muffins
- 8 slices cheddar plant-based

Nutrition:

- 1. Calories: 650 calories
- 2. Carbohydrate: 69 grams
- 3. Cholesterol: 30 milligrams

- 4. Fat: 31 grams
- 5. Fiber: 17 grams
- 6. Protein: 28 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 840 milligrams
- 9. Sugar: 8 grams

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