

# Simple Roasted Whole Chicken

Yield: 5 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/whole-chicken-italian-dressing-marinade-recipe>

## Ingredients:

- 2 1/2 pounds whole chicken
- 2 oranges cut into quarters
- 1/3 cup olive oil
- 2 tablespoons seasoning McCormick Rotisserie Chicken
- 16 ounces chicken stock typically 1/2 of a box

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 5 milligrams
4. Fat: 15 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 130 milligrams
9. Sugar: 2 grams

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