

Chinese Braised Short Ribs

Yield: 4 min

Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/merriman-s-kauai-recipe-chinese-short-ribs>

Ingredients:

- 1 pork ribs rack of
- 1/4 cup chopped cilantro
- 1/4 cup green onions fresh
- 1 tablespoon white sesame seeds
- 3 tablespoons Chinese 5 spice Or you can make your own by blending together equal amounts of cloves, star anise, cinnamon, fennel seed...
- 2 teaspoons sea salt
- 2 teaspoons cracked black pepper
- 3/4 cup low sodium soy sauce
- 1/2 cup white rice vinegar
- 2 tablespoons honey
- 1 orange juiced large
- 1/4 cup ketchup
- 1 tablespoon almond butter
- 1 tablespoon sesame oil
- 4 cloves garlic smashed
- 1 fresh ginger ” cube of, smashed
- 1 serrano pepper – cut in half and deseeded, optional

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 30 grams
3. Fat: 7 grams
4. Fiber: 4 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 2950 milligrams
8. Sugar: 18 grams

Thank you for visiting our website. Hope you enjoy Chinese Braised Short Ribs above. You can see more 19 merriman's kauai recipe chinese short ribs They're simply irresistible! to get more great cooking ideas.