

Meringue Ghosts

Yield: 24 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/meringue-ghosts-recipe-for-halloween>

Ingredients:

- 4 large egg whites room temperature
- 1/4 teaspoon cream of tartar
- 1 cup superfine sugar or put sugar in food processor for 30 seconds until fine
- 1/2 teaspoon extract pure white vanilla
- miniature chocolate chips for the eyes

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 6 grams
3. Fat: 0.5 grams
4. Protein: 1 grams
5. Sodium: 10 milligrams
6. Sugar: 6 grams

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