

Mee Suaah Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mee-kari-chinese-style-recipe>

Ingredients:

- 4 mee bundles, suaah, Chinese wheat vermicelli
- 6 stalks baby bok choy sliced in half lengthwise
- 2 large eggs
- 1/2 cup anchovies dried, cleaned**, 25g
- 2 cloves garlic minced
- 6 cups water 1.5 liters
- 2 tablespoons vegetable oil
- salt
- pepper
- 2 green onions finely sliced
- sesame oil

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 105 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 260 milligrams
9. Sugar: 1 grams

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