

The Best Meatloaf

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/meatloaf-recipes>

Ingredients:

- 2 eggs
- 3/4 cup milk
- 3/4 cup Italian breadcrumbs
- 2 pounds ground beef
- 1/3 cup onion diced
- 1 tablespoon chili sauce
- 1 teaspoon Italian seasoning
- 2 tablespoons fresh parsley chopped
- 1/2 cup chili sauce
- 1/2 cup ketchup
- 2 tablespoons brown sugar optional

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 130 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 8 grams
8. Sodium: 730 milligrams
9. Sugar: 10 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy The Best Meatloaf above. You can see more 16 meatloaf recipes Try these culinary delights! to get more great cooking ideas.