

# Halloween Meatloaf

Yield: 8 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/meat-loaf-halloween-recipe>

## Ingredients:

- 2 1/4 pounds ground beef
- 1 onion grated
- 1 egg
- 2 tablespoons breadcrumbs
- 2 cloves garlic
- 1 sprig rosemary leaves chopped
- pepper
- salt
- ketchup mixed with hot hot sauce
- 2 yellow tomatoes eyes
- blanched almonds
- 1 package bacon

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 150 milligrams
4. Fat: 44 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 16 grams
8. Sodium: 700 milligrams
9. Sugar: 1 grams
10. TransFat: 1.5 grams

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