

Slow Cooker Italian Sausage Pasta Sauce

Yield: 7 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mccormick-slow-cooker-italian-herb-chicken-recipe>

Ingredients:

- 1 pound pork sausages meat removed from the casings and roughly crumbled
- 3 celery sticks chopped
- 2 carrots large, cubed
- 1 shallot chopped
- 2 garlic cloves sliced
- 1 tablespoon vegetable oil
- 29 ounces diced tomatoes
- 1 teaspoon smoked paprika
- pepper
- salt
- Italian herbs
- 1 cup peas thawed from frozen
- Parmesan cheese for serving

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 50 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 14 grams
7. SaturatedFat: 6 grams
8. Sodium: 600 milligrams
9. Sugar: 6 grams

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