

Vanilla Mashed Sweet Potatoes

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-mashed-yams-recipe>

Ingredients:

- 1 1/2 pounds sweet potatoes cleaned and left a bit damp
- 11/16 cup heavy cream
- 1/3 vanilla bean split lengthwise and seeds scraped
- 1 teaspoon orange zest grated, optional
- 2 tablespoons unsalted butter at room temperature
- kosher salt
- white pepper in a mill
- 4 star anise
- 1/2 tablespoon juniper berries
- 1 1/3 tablespoons cardamom
- 1 teaspoon allspice
- 1 cinnamon stick
- 1 teaspoon ground cinnamon
- 1 teaspoon whole cloves
- 1/3 vanilla bean split lengthwise, seeds scraped
- 2 pieces dried orange peel optional
- 1 cup oil
- 1 canola