

Garlic Mashed Potatoes

Yield: 5 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/stove-top-mashed-potatoes-recipes>

Ingredients:

- 6 garlic cloves unpeeled
- 2 tablespoons olive oil
- 1 tablespoon fresh rosemary finely chopped, or thyme
- 3 baking potatoes about 1 1/2 lb. total, peeled or unpeeled, cut into 2-inch chunks
- 4 tablespoons unsalted butter
- 1/2 cup milk
- salt
- black pepper
- 1/4 cup fresh chives snipped, optional

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 25 milligrams
4. Fat: 15 grams
5. Fiber: 4 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 190 milligrams
9. Sugar: 2 grams

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